

## ABSTRACT

A variable weight end structure 10 that provides for variable tail-end weighting of racquets, clubs, or sporting equipment with handles. The end structure 10 comprises an interface element 17 and a weighting element 18 that allows a player to quickly and easily add and vary tail-end weights. The variable weighting end structure 10 provides a player with a more versatile racquet/club, providing increased power and control, reduced shock, while not significantly changing swing weight.